

Positive Parenting Teenagers Group

Raising teenagers, but sometimes difficult and complicated. Do you recognize this? Then come to the Parent and Child Teams for the Positive Parenting Teenagers group.

For whom?

The Positive Parenting Teenagers group is for parents who want to change the way they interact with each other in the family. So that it becomes easier at home.

Target

- you gain insight into your child's behavior
- you gain insight into your way of parenting
- you learn how to stimulate desired behavior in your child
- you learn how to deal with undesirable behavior from your child

How do we do that?

The course consists of 5 group meetings of 2 hours and 3 telephone conversations. There is a maximum of 12 parents in a group.

In the first 4 group meetings you will gain more insight into your own parenting situation. You will receive tips and ideas that fit the needs of your family. The DVD that accompanies the course provides real-life examples and the workbook gives you resources to help you on your way to parenting positively. You exchange experiences with other parents and you practice with each other. You make your own plan suitable for your own family situation. If you are going to implement your plan at home, there are 3 telephone appointments with the parent and child advisor to support you.

Together with the parent and child advisor you look for solutions for difficult situations.

Finally, there will be a return meeting. How are things at home now? Are you prepared for the future?



The Positive Parenting courses are offered in all districts of Amsterdam by the Parent and Child Teams. You can register via this [link](#).

General information about Positive Parenting can be found on the website positiefopvoeden.nl.